

Yamhill Carlton Intermediate/High School Breakfast and Lunch Menus February 29-March 4, 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 29, 2016 <u>Entrée Choice</u> PB&J Breakfast Burritos Banana/Zucchini Bread Whole Grain Cereal Benefit Bar <u>Fruit or Juice Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	March 1, 2016 <u>Entrée Choice</u> PB&J Mini Pancakes Banana/Zucchini Bread Whole Grain Cereal Benefit Bar <u>Fruit or Juice Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	March 2, 2016 <u>Entrée Choice</u> PB&J Bagel & Cream Cheese Banana/Zucchini Bread Whole Grain Cereal Benefit Bar <u>Fruit or Juice Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	March 3, 2016 <u>Entrée Choice</u> PB&J Banana/Zucchini Bread Whole Grain Cereal Benefit Bar Whole Grain Muffin <u>Fruit or Juice Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	March 4, 2016 <u>Entrée Choice</u> PB&J Banana/Zucchini Bread Cini Mini's Whole Grain Cereal Benefit Bar <u>Fruit or Juice Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
February 29, 2016 <u>Entrée Choice</u> Nachos Pepperoni Pizza Yogurt Parfait Chicken Stir Fry Chef's Salad Sandwich Bar <u>Fruit & Veggie Bar</u> <u>Milk Choice</u> 1% or Nonfat Chocolate	March 1, 2016 <u>Entrée Choice</u> Nachos Pepperoni Pizza Yogurt Parfait Pop Corn Chicken Tater Tots Chef's Salad Sandwich Bar <u>Fruit & Veggie Bar</u> <u>Milk Choice</u> 1% or Nonfat Chocolate	March 2, 2016 <u>Entrée Choice</u> Nachos Pepperoni Pizza Yogurt Parfait Cheese Burger Criss Cut Fries Chef's Salad Sandwich Bar <u>Fruit & Veggie Bar</u> <u>Milk Choice</u> 1% or Nonfat Chocolate	March 3, 2016 <u>Entrée Choice</u> Nachos Pepperoni Pizza Yogurt Parfait Turkey & Gravy Chef's Salad Sandwich Bar <u>Fruit & Veggie Bar</u> <u>Milk Choice</u> 1% or Nonfat Chocolate	March 4, 2016 <u>Entrée Choice</u> Nachos Pepperoni Pizza Yogurt Parfait Rib A Q Chef's Salad Sandwich Bar <u>Fruit & Veggie Bar</u> <u>Milk Choice</u> 1% or Nonfat Chocolate

Children in SNAP and/or TANF households and Foster Children are eligible for free meals. Children may qualify for Free or Reduced-Price School Meals based on the Federal Income Guidelines. Complete the On-Line Application or fill out the paper application. Mail or deliver it to: YC SD, 120 N. Larch Place, Yamhill, OR 97148. If you have questions or need help, call Shiloh Ficek (503) 852.7610.

Grades K-12: Breakfast Free	Grades K-4: Lunch \$2.55	Grades 5-12: Lunch \$2.80	K-12 Reduced Meal Price: Free
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USDA and Yamhill Carlton School District are equal opportunity providers and employers. Menus are Subject to change without notice.